



Air and international travel with medications

When flying, either within the US or internationally, it's important to have the medications you need.

TSA rules for air travel in the US



Pills are OK. You don't need to notify an officer that you have medications in pill form.



Liquids have some restrictions. You can bring "reasonable quantities" of medically necessary liquids without the usual 3.4-ounce restriction and clear zip-top bag, as long as you tell the TSA officer BEFORE the screening process starts.



There are no restrictions if your medications are screened. Medications are screened by x-ray, but you can ask for a visual inspection instead. Also, nitroglycerin tablets and spray are permitted.

Traveling internationally



Dialysis care may not be covered or accessible internationally. Call travel services at **1-866-434-2597** (option 2) to help plan your care while you travel.



Bring your medications from home. Many countries have lower quality standards or may not have your medications at all. Don't count on being able to refill a prescription internationally.



Check the laws in your destination. Some prescriptions and even over-the-counter drugs are illegal in certain countries.



Get a letter from your doctor. A letter from your doctor, on official stationery, explaining what medications you need and why may help you avoid legal issues. If you can, have it translated into the local language.



Know the contact information for the US Embassy or Consulate at your destination. They may be able to help you find reliable care and medications: USEmbassy.gov.



CONTACT PATIENT TRAVEL SERVICES

Call **1-866-434-2597** (option 2), Monday–Friday, 8:00 a.m. to 5:00 p.m. EST.
Allow 2–4 weeks for domestic travel, 8 weeks for international travel.



LEARN MORE ABOUT TRAVELING WITH MEDICATIONS

CDC.gov/Features/Travel-Medicine/Index.html
TSA.gov/Travel/Travel-Tips/