FRESENIUS KIDNEY CARE

Where to go for medical care

Depending on your medical needs, healthcare can be delivered in a variety of ways:

▬ Telehealth—remote care from a provider

▬ Primary care—prescheduled appointments with your provider for non-emergencies

▬ Urgent care centers—walk-in care that may offer shorter wait times than the emergency room for concerns that require more immediate attention

▬ Emergency room—care for serious medical emergencies and life-threatening conditions

When to choose:

Urgent care center or telehealth

☐ Allergic reactions or rash (mild)

☐ Cut or burn (minor)

☐ Ear pain

☐ Cough/cold, sore throat, congestion, sinus problems or flu symptoms

☐ Pink eye or minor eye problem

☐ Sprain or strain

☐ Vomiting or diarrhea (less than 24 hours)

☐ Minor conditions that don't require emergency care

Emergency room

☐ Altered mental status or loss of consciousness

☐ Broken bone

☐ Heart attack symptoms (chest, arm, neck, back or jaw pain)

☐ Seizures

☐ Stroke symptoms (arm weakness, facial drooping, slurred speech)

☐ Sudden change in or loss of vision

☐ Shortness of breath

☐ Loss of blood:

    ☐ Gushing blood from a vascular access site— call 911 or emergency medical services

    ☐ Oozing blood from a vascular access site that starts to bleed again or does not stop bleeding after 15 minutes of direct pressure

    ☐ Blood in your stool

    ☐ Vomiting or coughing up blood

☐ Any other condition that might require emergency care

Call 911 or go immediately to your nearest hospital emergency department for life-threatening medical conditions.

Thrive On