Pneumococcal pneumonia

Hard to say, easy to prevent

You've probably heard of pneumonia. Did you know there are different types? Pneumonia is an infection of the lungs. Pneumococcal (noo-muh-kok-ul) pneumonia is one type that is caused by pneumococcal bacteria and can be very serious, especially for people with kidney disease.

Protect yourself with a simple combination of vaccines and join the thousands already vaccinated.

Get vaccinated

The best way to prevent pneumococcal pneumonia is to get vaccinated. Proper vaccination means completing a series of vaccines:

- **PCV13** (Prevnar13)
- **PPSV23** (Pneumovax23)

You may have already received one of the vaccines—it's important to complete the full series.

> Pneumococcal pneumonia vaccines can be given at any time, and most patients will require two to three vaccinations in their lifetime, unlike the flu vaccine, which is given annually.

Get protected, not infected

People living with kidney disease are at an increased risk for pneumococcal pneumonia. When you get vaccinated, you reduce your chances of hospitalization and can live your fullest life.

It's the smart, healthy choice

Pneumococcal disease is contagious. Here are some helpful tips to keep you feeling your best:

- Wash your hands often with soap and water or use an alcohol-based sanitizer.
- Disinfect frequently touched surfaces.
- Get vaccinated against the flu too! The flu can lead to pneumonia, so it's important to prevent both illnesses.

TAKE ACTION TODAY
Talk to your care team and let them walk you through the process.

Thrive On